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Northeast Family YMCA
5509 Will Ruth
El Paso, TX 79924
915-755-9622



33rd Annual

TURKEY TROT

November 26, 2009
Thanksgiving Morning!



YMCA of El Paso
5K Competitive Run
3K Fun Walk
Benefitting:
Strong Kids Campaign 2009

Special Registration Date
November 14 10 a.m.—5 p.m.
Tropicana Home's Sunset Terrance
424 Clarkston Court.

The YMCA of El Paso

The YMCA has been making an impact on the lives of kids & families since 1886. More than 15,000 children participate in Y programs each year through swim classes, sports, family events, child care, summer camps & more.

TURKEY TROT EVENTS

- 5K Competitive Run
- 3K Fun Walk
- 1K Kids' Fun Run

INFORMATION

- **What:** 33rd Annual Turkey Trot
- **When:** Thanksgiving Morning, November 26, 2009
- **Where:** Metro YMCA, 808 Montana

AWARDS

- Trophies will be given to the top three overall finishers in the 5K Competitive Run, male & female. Awards will be presented to the top three finishers in each category.
- Awards will be given to runners only

AGE CATEGORIES

COMPETITIVE RUN: 10 & Under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

RACE SHIRTS

- First 1000 registrants will receive a 100% cotton, colorful, long-sleeved race shirt.

REGISTRATION

- Entry forms available at all branch YMCAs.
- **Pre-register on-line at www.active.com**
- Race-day registration begins at 6:00 a.m. at the Metro YMCA, 808 Montana

COURSE DIRECTION

RUN:

Montana & Virginia to Williams, Left
 Williams to Rio Grande, Right
 Rio Grande to Magnolia, Turnaround
 Rio Grande to Williams, Left
 Williams to Montana, Right
 Montana to Finish Line at Virginia

WALK:

Montana & Virginia to Cotton, Turnaround
 Montana to finish at Virginia

COST

- \$25 for individual runners, walkers,
 until Nov. 20
 \$30 after Nov. 20
 \$35 on Race Day
- \$10 Kids Fun Run (Short Sleeve Shirt)

RACE PACKET PICK UP

Northeast YMCA 5509 Will Ruth
 Saturday, November 21, 8 am –4 pm

Loya Family YMCA 2044 Trawood
 Monday, November 23, 11.am.—1 p.m.
 4 p.m.—6 p.m.

Westside YMCA 7145 N Mesa
 Tuesday, November 24, 11.am.—1 p.m.
 4 p.m.—6 p.m.

Metro YMCA (808 Montana)
 Wednesday, November 25
 11 a.m.—1 p.m. and 3 p.m.—5 p.m.

Metro YMCA (808 Montana)
 Race Day—6 am —7:30am

Fliers donated by:



REGISTRATION

NAME

(One Person Per Entry Form)

LAST

LAST

FIRST

Male

Female

DOB: _____ Age (On 11/27/08) _____

EVENT

5K Competitive Run

3K Fun Walk

1K Kids Fun Run

Race Day Registration starts at 6:00 a.m. Run & Walk begins at 7:30 a.m.

First 1000 participants will receive a 33rd Annual Turkey Trot Shirt

Address _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

I am not able to participate, but I would like to make a donation of \$ _____

Shirt Size Circle One YM YL AS AM AL AXL AXXL

FEES: (Must Accompany Registration Form) Make Checks Payable to YMCA. **Entry Fees are Non-Refundable.**

Release of liability / Assumption of Risk: The undersigned participant or parent/guardian, in consideration of participation in the program activities indicated on this form, agree to indemnify and hold harmless the YMCA of El Paso, its representatives, its successors, and assigns and releases the same from any and all liability for any injury or illness which may be suffered by the participant, name herein, arising out of, or, in any way connected with the program or activity indicated and assumes the risk for such injury or illness. I also authorize the use of any photographic image of the participant, name herein, taken during program or activity, for use in any YMCA of El Paso publication. I further agree to abide by all of the YMCA of El Paso policies and procedures.

Signature _____ Date _____

Mail Form & Entry Fee to: Northeast Family YMCA, 5509 Will Ruth, El Paso, TX 79924

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